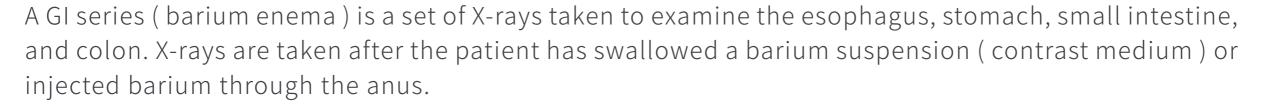
Gastrointestinal Tract (GI) Series



1. What is a GI series?





2. What is the purpose of test?

- · Confirm diagnosis of colon cancer, gastric cancer, ulcer, bowel inflammatory disease, and etc.
- · Detects polyps and structural changes in the GI tract.
- · Dyspepsia.
- · Body weight loss.

3. How does the patient prepare?

Lower GI series:

- 1. 3 days prior to the examination: low residue diet.
- 2. On the day prior to examination: fluid only and take Laxative at 8 a.m. and 6p.m. for cleansing enemas.
- 3. Please do not eat any food including water, before 4 hours.

Upper GI and small intestine series:

- 1. No smoking on the day
- 2. Generally, oral medications may be taken.
- 3. Please do not eat any food including water, before 4 hours.

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4. What are the risks?

- · There is low radiation exposure. Children are more sensitive to the risks of X ray.
- · A more serious risk is a perforated GI tract, which is very rare.
- · Aspiration for upper GI series.
- · Pregnant women are contraindicated.



The patient should be warned that his bowel motion will be white for a few days after the examination, and keep his bowels open with laxatives to avoid impaction, which can be painful.

